

THE VALUE OF HUMOR:

5 RULES TO GIVE FUNNY A PLACE IN YOUR HOME

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How is humor a life skill?

A sense of humor is not something we're born with but it's an important characteristic we need to develop in our kids. "A person without a sense of humor is like a wagon without springs, it's jolted by every pebble on the road."

BE A GOOD ROLE MODEL

I need to find the humor with the everyday. Choose humor over frustration, blame or sarcasm.

RESPECT THEIR HUMOR

Honor when they attempt to be funny. It will encourage them to do it again.

SURROUND YOUR KIDS WITH FUNNY

Differentiate for your kids humor & poking fun at someone.

SET HUMOR RULES

Anytime it's belittling, sarcasm or making fun of someone, we should speak up.

HAVE FUN AS A FAMILY

Let laughter be first, it's easier.

reflections:

Why is humor an important life skill?

How is the humor in your family?

Is there any inappropriate type of humor that needs to be addressed?

What are some ways you can find humor on the daily?

How can you have fun as a family?

Notes: