

DO YOU KNOW HOW GREAT YOU ARE?

BUILD YOUR SELF TRUST WITH THESE 5 SOLUTIONS

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How is your self confidence?

Look at us...we're killing it! But we don't even know it. Confidence means "self trust". Confidence is knowing who you are, knowing what you're good at, knowing what you're not so good at & being consistent & being able to trust that you can handle it. And when you know you can handle life, it's amazing what you can do.

DISCOVER AN INSPIRING PURPOSE

It's usually that nagging inside you, so go there.

IMAGINE A CONFIDENT YOU

Once you think it & believe it, you start to feel more confident.

DEEPEN YOUR SELF-DISCIPLINE

Go inside & be more disciplined where we know we need it. Then we can begin to count on ourselves more.

FALL IN LOVE WITH LEARNING

The more you learn the more you can foster some confidence. You feel confident if you have answers.

LOSE YOURSELF TO FIND YOURSELF

Confidence comes in not your ability to get more in life, but your ability to give more.

reflections:

How's your confidence? Do you have confidence that you can handle the hard things in life?

What's your inspiring purpose?

What's your picture of the most confident you?

How can you deepen your discipline?

How can you increase your learning?

How can you incorporate service & sacrifice in your life?

Notes: