

LESSONS FROM 2020: HERE ARE 4 PARENTING TAKEAWAYS TO CARRY INTO THE NEW YEAR



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Have we taken time to reflect on 2020?

There are things to take and leave behind in this upcoming year.

CORE MATTERS

Core activities are what you do at home, free & spontaneous. Balance activities are those things you go away from the home for. They take money, resources, time & energy. 2020 showed us that Core Activities matter most.

CREATIVITY SOLVES MOST PROBLEMS

Since the beginning of time, when there was a problem, we got creative. When we needed light, we got creative.

ATTITUDE IS EVERYTHING

2020 showed us that regardless of what was thrown at us, we were still 100% in control, when we consider the attitude we had towards what was going on.

NEEDS & WANTS ARE DIFFERENT

It was easy to mix up needs and wants in 2019. When all those things were taken, or less accessible or didn't look the same, we actually had to realize there is a difference between the two.

reflections:

How were your core activities strengthened in 2020?

How did you use creativity to solve problems in 2020?

How was your attitude in 2020?

How did you see clearly the difference between wants & needs in 2020?

How can you take these ideas & implement them in the new year?

Notes: